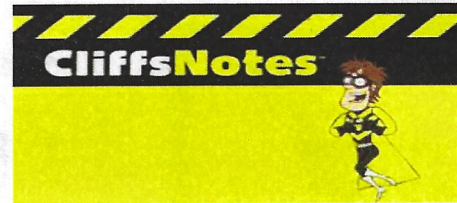


THE CLIFFS



Welcome to The Cliffs!

The Good Neighbors' (aka GN) mission is to bring together positive-minded, good-hearted neighbors who like to share good news, good food and good times.

WELCOME NEW NEIGHBORS!

4806 ½: Martha and Curtis Yarborough
4966: Bill and Renee Pryor

For the past two years, Doug Thornburg has done a remarkable job editing the Cliff Notes. Sadly, Doug is moving to the Palm Springs area, and we will all miss him terribly!! Take a minute to say thank you and wish him well when you see him around the Park. Eileen Prisby is taking over the reins, and will do her best to live up to Doug's great work!

Thank you to Kingsley Management and Mike Barbusca for donating the Donuts, Coffee and other supplies for the Friday morning gathering every week! And of course, to Pat Stevens for reigning over it all!

THANK YOU to Cliffs resident Richard Kiser for printing the Cliffs newsletter.
richard@4dotprinting.com

COMING ATTRACTIONS:

Mark your calendars for these upcoming events:

Nickel Auction - Friday, 04/05 at 4-6pm: in the main clubhouse. Have too much stuff? Well, this is the place to find happy buyers for those items after spirited bidding! Sellers should contact Karen Kaytes at 760-846-1429 ASAP to reserve a selling space and for more detailed information. Bidders are encouraged to come a little early, preview the sale items and decide which items to bid on. Mark your calendars and join us the 1st Friday of each month for an interesting and fun event.



- **Bake Sale** - Friday, April 12 at 9am: in the main clubhouse. Your Good Neighbors will be baking furiously to provide you with delicious goodies to enjoy!!



Taco Tuesday – Tuesday, 04/16 at 5:30-pm: **FREE** for residents and 1 guest (\$5 donation requested for additional guests) in the main clubhouse. We will have ground beef and vegetarian fillings, along with tortillas, homemade refried beans, rice, and all the toppings, and dessert, plus chips and salsa at the tables. The sign-up sheet is posted in the Main Clubhouse. Hope to see you all there!



Reminder: we live in a 55 and over park. We walk, we talk, we have fun, but we all need to remember that the speed limit is 10 mph. While there may not be stop signs on posts, there are many intersections where stop is painted on the street. Please slow down, stop at intersections as marked, and keep your neighbors and our neighborhood safe for everyone. Thank you!



FOOD PANTRY

Ascension Lutheran Church located at 5106 Zion Avenue hosts a food pantry for the public on the 1st Friday of every month, every Tuesday and Saturday between the hours of 8:30-10:30AM. To receive food, you may walk up or drive through the parking lot (entrance on 51st Street).



Please submit info for future issues before the 15th of each month. Send via email to Eileen Prisby at eileenprisby@gmail.com; call/text her at 619-840-6874, or deliver to 4955 by Rock Mail.

ONGOING ACTIVITIES:

- **Good Neighbor's Meeting** – *Second Thursday of each month at 4pm:* in the main clubhouse.
- **Coffee & Donuts** - *Fridays at 9am:* in the main clubhouse.
- **Water Aerobics** - *Tuesdays & Thursdays at 12pm:* pool.
- **Chair Exercises** - *Mondays, Wednesdays & Fridays at 9am:* in the main clubhouse.
- **Book Group** – *Sunday, 04/21 at 4pm:* in the upper clubhouse. For this month, everyone will read the book of their choice and present their thoughts.
- **Bingo** - *Friday, 04/26 at 5:30pm:* in the main clubhouse.
- **Creativity Thursdays** – *Thursdays from 10am - 12pm,* in the upper clubhouse. Bring your embroidery, Zentangle, knitting, scrapbooking, whatever you are crafting, creating or painting. Or just bring yourself and visit!

Bake Sale – *Friday, 3/15:* So many delicious and pretty baked goods were offered for sale, ranging from cookies to brownies to cakes and MORE! They were snatched up by eager residents for a total of \$142.50, plus donations of \$26.50! The resulting \$169.00 goes towards funding the next delicious and fun event! Thank you for supporting us!!

Pancake Breakfast – *Saturday, 03/16 at 8:30am:* 50 Cliffs neighbors attended this popular event! Pancakes, scrambled eggs, bacon, sausage, juices, and coffee were served with smiles by the Good Neighbors Helpers! Sugar free syrup was also provided if someone needed it. \$197.00 in donations was collected to fund upcoming Good Neighbors events, and a thank you to Kingsley for providing the non-perishable goods for the Good Neighbors events.

