



Welcome to The Cliffs!

The Good Neighbors' (aka GN) mission is to bring together positive-minded, good-hearted neighbors who like to share good news, good food and good times.

WIFI PASSWORD FOR CLUBHOUSE

For those of you who may be wondering how to access the Cliffs Clubhouse WIFI when attending an event or meeting, the password is **thecliffsguest**.

WELCOME NEW NEIGHBORS!

4796- James Schafer and Annette Zaragoza

For the foreseeable future, the newsletter will be printed in black and white to offset the large cost of printing in color. It will be posted in color on the website (thecliffssd.com) if you would like to print a color copy.

Submit new info before the 15th of each month. Send via email to Eileen Prisby at eileenprisby@gmail.com, call/text at 619-840-6874, or deliver to 4955 by Rock Mail.

COMING ATTRACTIONS:

Mark your calendars for these upcoming events:

- **Bake Sale:** *Friday, February 14 at 9 am* in the clubhouse.
- **Pasta Night!:** *Tuesday, February 18 at 5:00 pm*. The Apparito and Falcone families are putting their cooking magic to work again with Lasagna, Cheese Ravioli, Garlic Pasta, Pesto Bowties, Spaghetti with Meatballs, Vegan Gnocchi, Caesar Salad, Garlic and Regular Italian Bread, and Dessert. All of this goodness is **FREE** for all residents (plus one guest)! Additional guests are just \$5.00 each. **WHAT A DEAL!** Sign up **TODAY** in the main clubhouse!
- **March Bake Sale:** *Friday, March 14 at 9 am* in the clubhouse.
- **March Pancake Breakfast:** *Saturday, March 22 at 8:30 am* in the clubhouse.

ONGOING ACTIVITIES

- **Good Neighbors' Meeting:** *Thursday, Feb. 13 at 4:00 pm*: in the main clubhouse. **Please join us – we welcome all new neighbors and ideas and help!**
- **Coffee & Donuts:** *Fridays at 9am*: main clubhouse.
- **Water Aerobics:** *Tuesdays & Thursdays at 10 am*: pool.
- **Chair Exercises:** *Mondays, Wednesdays & Fridays at 9am*: main clubhouse.
- **Creativity Thursdays:** *Every Thursday from 10a-12p* in the upper clubhouse. Bring your embroidery, Zentangle, knitting, scrapbooking, whatever you may be working on! Or just bring yourself and visit!
- **Nickel Auction:** *Friday, February 7 at 4:00 pm*. Call **Mary Cook at 619-534-7021** to reserve a table to sell, and plan to come and bid on great items at bargain prices!
- **Bingo:** *Friday, February 28 at 5:30pm*: main clubhouse. \$5 buys 3 bingo cards and an evening of fun and winning! \$1 buys a slice of pizza! **We have enough cards to service a crowd, so head on down and play!**
- **Book Club:** (Second Sunday of every month) *Sunday, February 9 at 4 pm* in the upper clubhouse. February's book is *Great Circle* by Maggie Shipstead (available at the public library). I'm halfway through and so far it is a wonderful read! Contact Stacy at stacylmagic@gmail.com with any questions or if you would like to join us.

MANAGER'S CORNER

Simplify Your Rent Payments with Online Options!

Did you know paying rent can be quick, easy, and hassle-free? Instead of mailing a check or dropping it off at the office, you can make one-time or recurring payments online!

If you'd like help setting up an account, we're happy to help. Just give us a call at **619-583-3700** or stop by the office to make an appointment, and we'll guide you through the process. Whether you prefer to pay manually each month or set up an automatic payment, we're here to make it as simple as possible.

Feel free to reach out if you have any questions—we're always here to help!

Warm regards,
Alijah

Thank you to Kingsley

Management for providing the donuts and to **Mike Barbusca** for purchasing the coffee pods, paper goods and creamer for the weekly Coffee and Donuts gathering.

After 5+ years of serving as the Cliffs Librarian, **Mark Kobleur** is stepping down. Mark was responsible for thoroughly categorizing the books, and creating an online service, and we owe him a huge thank you for all his hard work! Please add your thanks as you see him around the Park.

Shirley Dundee Burger has graciously agreed to take the position and continue the good work to benefit us all! Thank you, Shirley!

TIP-TOP HOUSE TIPS by Mike Gutierrez

Keeping Your House Water Safe

Water damage can be costly. Fortunately, many common causes of water and flood damage can be prevented with some basic knowledge and proactive measures. Top causes of water leaks are toilets; washing machines; water heaters; plumbing & drains; refrigerator ice makers; sinks; showers stalls; and leaky roofs.

Inspect water-supply lines to toilets and appliances every six months to a year. Replace any worn or leaky hoses immediately, otherwise every 5 years, ten for braided lines with rubber core.

Hire a plumber or qualified professional to check the water lines coming up through the floor that supply water to your home.

Check drain plumbing at sinks and washing machines. Replace old pipes, fittings and worn rubber hoses.

75% of water heaters fail before they are 12 years old. Flush the tank every 6 months. Check for visible rust on the tank sides or bottom. Have the heater professionally inspected every 2 years (annually after warranty expires).

Monitor your water bill for increases that could indicate a leak(s). The "Eye On Water" app checks for leaks and tracks your water usage.

Replace any old or damaged caulking around sinks, shower stalls and backsplashes to prevent water from entering your walls, counter-tops and vanities.

Have your roof inspected yearly.

IT'S CITRUS SEASON!

As those of us with citrus trees realize, the picking season is in full bloom! If you have a tree bursting with citrus and are unable to pick them, the Good Neighbors are here to help! Just give Eileen Prisby a call at 619-840-6874, and we will have someone there within a couple of days to pick them for you. Typically, any fruit you don't want or can't use is brought by us to the Clubhouse for others to enjoy, so you are gifting your neighbors as well!

For all residents, please be respectful of your neighbors and **do not** pick their fruit without express permission from the owner.

REMINDER ABOUT WALKING YOUR DOGS

A gentle reminder that dogs must be on leash no longer than 8' at all times when walking in public in the City of San Diego, unless you are in a designated dog park or dog beach. This includes any support dogs. This is for the safety of both humans and dogs. No one wants to have their dog accidentally struck by a car! There are many people who are not comfortable around dogs. You may feel that your pet is gentle and kind, but someone else may feel scared, intimidated or simply not care for animals. As part of a community, we all have a responsibility to be respectful of other people, including picking up after your dog when it poops. A designated relief station is available on the lawn next to the shuffleboard court, with bags for your use. Thank you!

FREE MEDICAL EQUIPMENT

If you are looking for a walker, crutches, etc., you may be able to obtain them here at The Cliffs. Use them as long as needed and return when no longer needed. For more information and to determine the availability of items you may need, please contact Bill Pryor at 707-654-7883.

KEEPING IN TOUCH AND IN THE KNOW!

Did you know that the Cliffs Residents have a special, private Facebook page? Simply go to Facebook and search The Cliffs MHP (Residents Group), then request to join. There are currently 130 of us in the group, and there is a lot of information shared that you might not learn about otherwise.

The Cliffs also has a website (thecliffssd.com), where Larry Fine posts the monthly newsletter, calendar, and activities, as well as business and general resource information. A big THANK YOU to Larry for updating the website and keeping us all current!

SPECIAL MIDWAY LECTURE

SERIES! 2023 Docent of the Year Paul Ward will present the second Midway lecture on Thursday January 16 from 10-11 am in the main clubhouse. The subject is "The Midway Story". Please call Paul at 858- 264-7667 or email pward@midway.org to sign up for this popular series!

RESIDENT HIGHLIGHT BY DARBY STEUER

Stan Goska likes to boast that he and his wife Diane will be 164 in April! They have spent the past 25 years in the Cliffs. They have enjoyed the peaceful atmosphere as a couple of the "dead end kids" located at the beginning of our cul de sac. He remembers fondly first getting to know people in this neck of the woods. Stan is a native of Chicago and retired to Dan Diego in 1979 after a 56-year career as a master machinist and manager. He still gets calls asking for his expertise.

Disneyland is his happy place and Mickey is his favorite but his kids jokingly buy him Grumpy shirts and pants.

He and his wife have an extensive collection of train related Christmas ornaments and mementos that they've collected and have on display.

Stan said that his goal has always been to be a good neighbor and to help people whenever possible. He believes that's what neighbors should do!



PANCAKE BREAKFAST PHOTOS!

Thank you to all the folks who turned out for the January Pancake Breakfast!

